



Community First Choice: Progress Report & Provider Qualifications

Long Term Care and Community Support Services

January 10, 2013

Agenda

- Welcome & Introduction
- Special Message: Chuck Milligan
- 12/10 Meeting Notes
- CFC Development and Implementation Progress Report
- Provider Qualifications:
 - Personal Care Agencies
 - Independent Personal Care Attendants
- Wrap-up
- Public Comment

Ground Rules

- The meeting is primarily designed to facilitate discussion between the Council members.
- Time is reserved at the end of the meeting for additional stakeholder comments.
- Please introduce yourself before speaking.
- This is an open and welcome exchange of ideas. We are a team!

The Partnership: CFC Implementation Council & DHMH

- Council Responsibilities
 - Provide input and ideas about policy decisions
 - Share information about needs in the community
 - Make recommendations to DHMH about policy
- DHMH Responsibilities
 - Convey or clarify policy issues
 - Facilitate discussions
 - Use Council policy positions to implement the program

Meeting Notes: 12/10

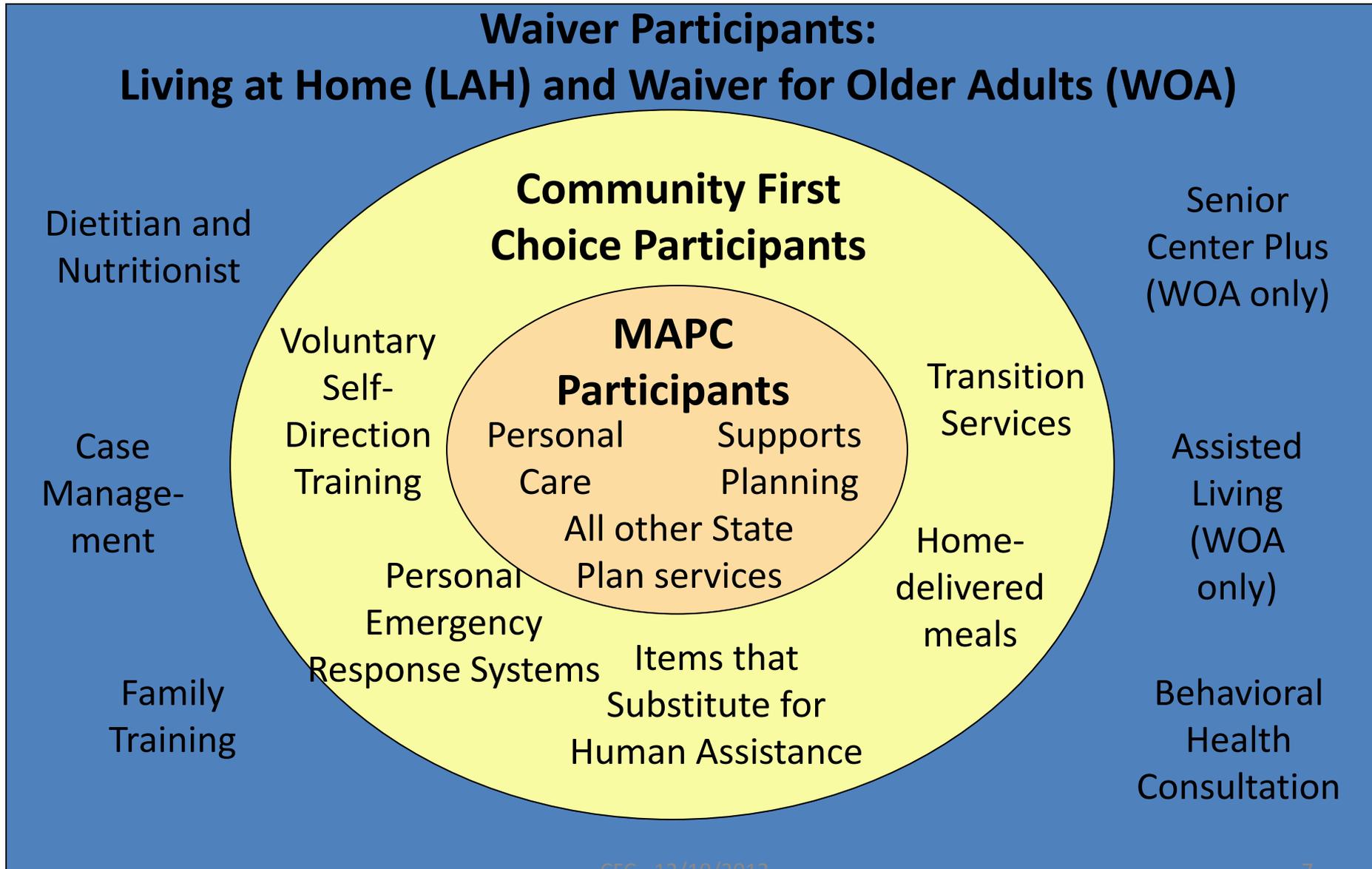
Topic: Provider Qualifications for Personal Care Agencies

- Three primary issues:
 - Provider Types:
 - Require all providers to be licensed as RSA or HHA
 - Availability
 - Agency: 24/7 Responsiveness to consumers
 - Supervision & Oversight
 - Supervision frequency: *under review*
 - Supervision as quality assurance: attendant performance

CFC Progress Report: Eligibility, Statewideness

- Eligibility (Determined by CMS)
 - Nursing Facility Level of Care and eligible for State Plan services
 - Financial Eligibility
- Statewideness
 - LTSS Rebalancing: MAP sites, LTSSMaryland

CFC Progress Report: Included Services



CFC Progress Report:

Assessment of Functional Need

- Under Community First Choice, Medicaid would request one assessment annually (unless otherwise necessary) along with nurse monitoring to ensure health and wellness of the participant.
- Assessment tool: interRAI

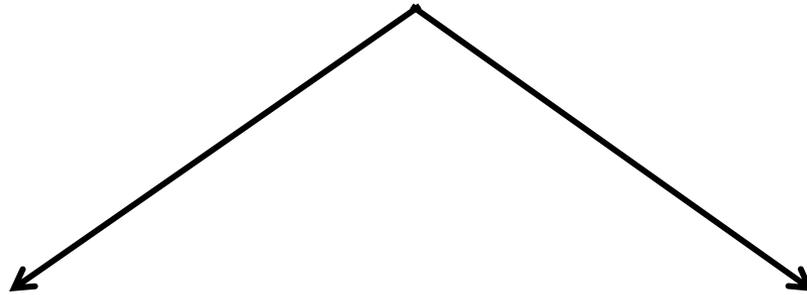
CFC Progress Report: Person-Centered Plan

Three Key Roles:

- Participant
- interRAI Assessment representative
- Supports Planner

CFC Progress Report: Service Models

Managing Services in Self Direction



Managing the Service Provider

(Employer Authority)

Managing the Budget

(Budget Authority)

Self Direction Authority: Personal Care Services

- **Employer Authority**

- The authority to recruit, hire, train, supervise, and dismiss personal care providers.

- **Budget Authority**

- The authority to dictate how funds in a budget are allocated.

- Responsibility for invoicing, billing, taxes, and other employer functions.

Rethinking the “9 Models of Self-Directed Services: Personal Assistance Services”

EMPLOYER AUTHORITY

- Traditional Agency-based PAS
- Agency with Choice
 - Traditional Agency Model Supporting Choice
 - Traditional Agency with a Self-Directed Feel and Philosophy
- Self Direction

BUDGET AUTHORITY

- Fiscal Conduit
- Government Fiscal/Employer Agent
- Vendor Fiscal/Employer Agent
- Public Authority/Workforce Council

Maryland Community First Choice Model for Self Direction

Employer Authority: Spectrum of Self Direction



Budget Authority: 2 Models

Agency Model
<ul style="list-style-type: none">• Agency retains full budget authority

Fiscal Intermediary
<ul style="list-style-type: none">• Services and supports will be purchased through an FI• FI will handle tax, payroll, invoicing, etc.

CFC Progress Report: Support System

- Supports Broker
- Back-up Plan
- Consumer Training
- Fiscal Intermediary

CFC Progress Report: Service Budget

- Budget consists of:
 - Personal care hours
 - Standard items included in initial plan
 - Varied-cost items included in initial plan
 - Flexible spending within the total budget amount
- To Do:
 - How to design a service budget.
 - Determine necessary supports for budget management.
 - Preventing overspending
 - Ensuring quality

CFC Progress Report: Provider Qualifications

- In progress:
 - Personal care agency requirements
- To Do: Qualifications for providers of:
 - Independent personal care attendants
 - PERS
 - Home-Delivered Meals
 - Consumer Training
 - Supports Planning

CFC Progress Report: Development and Implementation Council

- Convened January 2012
- Biweekly meetings scheduled 2013
- Meeting materials available at:
<http://mmcp.dhmh.maryland.gov/longtermcare/SitePages/Long%20Term%20Care%20Reform.aspx>

CFC Progress Report:

Data Collection & Quality Assurance

- Data collection methods:
 - interRAI and LTSSMaryland
 - Nurse supervision/monitoring
 - Participant Surveys

CFC Progress Report: SUMMARY

- Summary
 - The basics of the program have been designed.
 - Specific details about the shape of the program are still under consideration.

CFC: Putting it All Together

Community First Choice is built on a self-directed model with a service budget

- The participant develops their plan, however, certain models are used within each service.
- Supporting the participant in a program
 - You decide the provider/person who will provide case management or supports planning
 - You decide when, where, how often you meet with that person

Self-direction options within personal care differ if you want to use an agency or hire an independent provider

- Personal Care (assistance with ADLs and IADLs) – The Department will negotiate a standard rate to be paid per hour
 - Agency with Choice
 - You decide the agency
 - You agree to when/where personal care is provided
 - They meet proper licensure
 - They set up a back-up personal care worker
 - They pay their employee out of the Department's personal care rate
 - Independent Budget Authority
 - You hire
 - You negotiate the rate with your personal care worker
 - You determine the hours and schedule of the worker
 - You decide where/when personal care is provided
 - You set up your own back-up plan

Non-personal care services are decided by the participant with assistance from their case manager or supports planner

- You decide what you need outside of the personal care worker
 - Personal Emergency Response Systems (PERS)
 - Assistive technology and/or home modifications
 - Home-delivered meals
 - Something else
- Training
 - You decide if you want to attend training
 - You work with the

The Department has responsibilities in this process as well

- Quality Monitoring.
- Fiscal Conduit/Agency is responsible for paying independent providers and for items that substitute for human assistance.
- Self-Direction training through the Maryland Department of Disabilities.

CFC: Council Roadmap for 2013

- Goals for the Council: Jan – June
 - Provider qualifications
 - Service Definitions
 - Person centered Plan
 - Budget

Public Comment

- Comments?
- Concerns?
- Questions?

DHMH Information

- Email: dhmh.cfc@maryland.gov
- Next Meeting:
 - Thursday, January 24th, 2013
 - 1pm-3pm, DHMH-L3