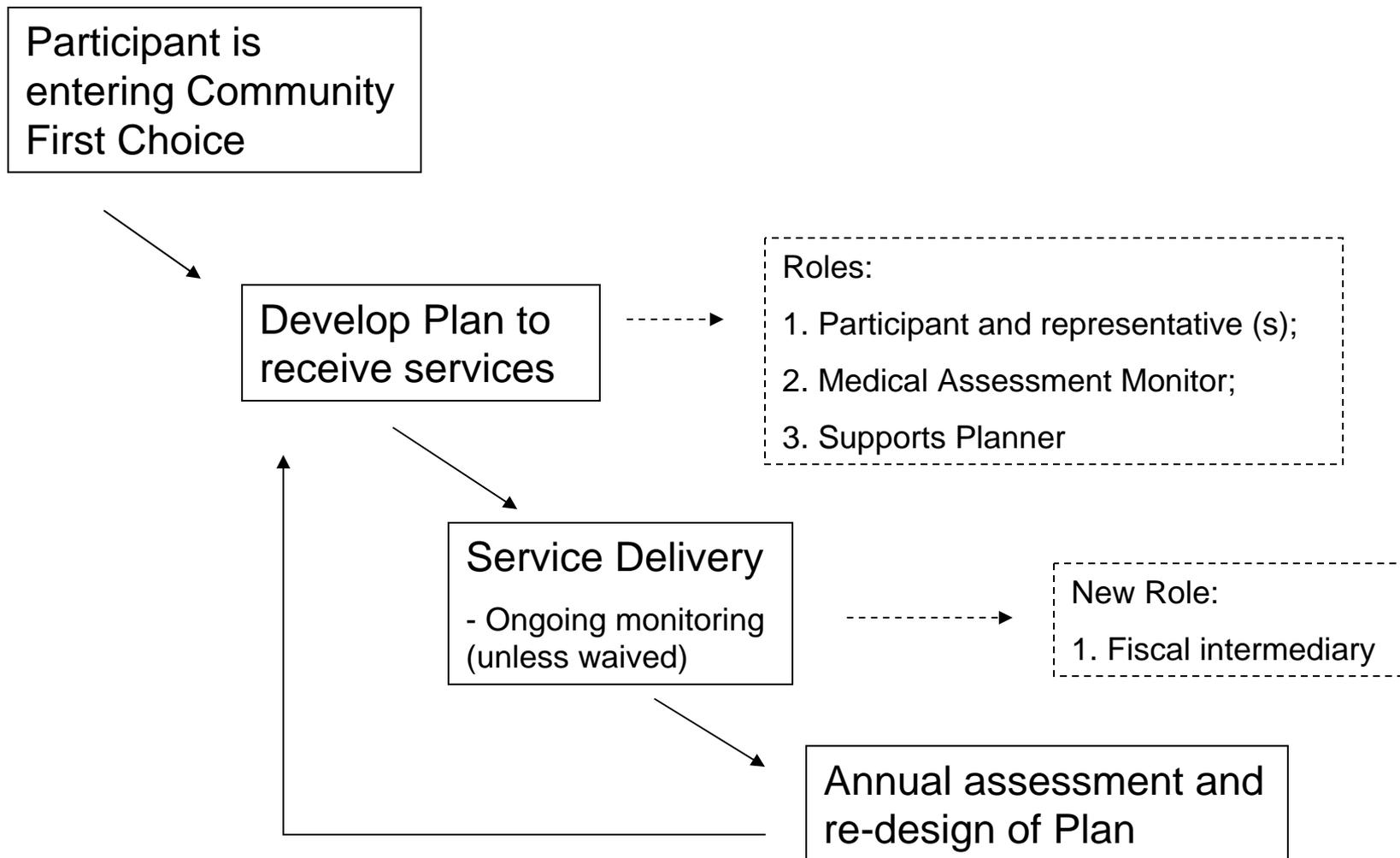


Community First Choice Implementation Council Meeting

May 23, 2012

Person-Flow



Developing the Plan

- Three Key Roles:
 - Participant
 - Includes participant representative (s)
 - Medical Assessment Monitor
 - Supports Planner

Role – Participant

- Sets goals.
- Selects services and identifies relationship to ADL and IADL needs.
- Invites representatives to help develop the plan.
- Has ongoing responsibility to hire, fire, train, schedule, and manage budget.
- Chooses level of involvement in receiving services.
 - May take full responsibility for purchasing / selecting items OR defer some or all responsibility to FI / Supports Planner.
 - May select independent personal care worker and set emergency back-up OR defer to agency to arrange all personal care.
- May use web-based program to manage services.

Role – Medical Assessment Monitor

- Conducts an annual interRAI-Home Care assessment and provides medical recommendations for services that meet health and safety requirements.
- Officially delegates nursing tasks to personal care worker.
- Provides ongoing monitoring of the personal care services provided to the participant.
 - Timeframes for monitoring subject to Board of Nursing and DHMH.
 - Ongoing monitoring may be waived by signing Consent Form to accept risk (annual assessment may not be waived).
- Ensures services relate to ADL and IADL needs.

Role – Supports Planner

- Supports the development of the plan.
- Uses person-centered planning methodology.
 - The council will review nationally-approved models.
- Ensures ADL and IADL needs are met by services and supports listed.
 - Identify potential environmental and home modifications and link to a qualified professional when necessary.
- Helps the participant manage their services.
 - Coordinates services and resolves issues as they arise.
 - Level of support/involvement is defined by the participant.
 - Monitors expenditures and potential budget problems.

Role – Supports Planner

- Identify caregiver and informal supports.
- Help coordinate services based on the participant's schedule.
- Coordinate referrals services.
- Help identify a personal care worker and emergency back-up.
 - Personal care workers and agencies will be organized in a registry available to the Participant and Supports Planner.
- Maintain availability for ongoing support as agreed upon with the participant.

Developing the Plan

- Three roles work together to set goals, identify strengths and preferences, and ensure all ADL and IADL needs are met.
- The process must be person-centered.
- The Plan must contain a list of services including hours of personal care and items to be purchased.
 - The level of detail is up to the participant, however, we must remain in compliance with Community First Choice regulations.
 - The Plan may be updated throughout the year if changes occur.
- The Plan must be signed by all parties involved.

Building your Budget

- Personal Care
 - Based on a standard hourly rate that will be the baseline for each person's budget.
 - How to determine hours?
- Items that substitute for human assistance may be divided into two categories:
 - Standard items
 - Relatively constant value across regions and populations (e.g., microwaves, toasters, phones, PERS etc.).
 - Varied cost items
 - May differ by person, project and environment.
 - The participant and/or Support Planner must obtain three bids. Projects above a certain dollar amount must be pre-authorized by DHMH.

Spending the Budget

- Budget consists of:
 - Personal care hours.
 - Standard items authorized at initial plan.
 - Varied-cost items noted in initial plan.
- Flexible spending within the total budget amount.
 - Dollars deducted from the participant's budget by fiscal intermediary (e.g., personal care hours using the ISAS call-in system).
 - Limitations per item? Per total budget?

Self-Direction Voluntary Training

- Hiring, Firing
- Scheduling
- Delegating tasks
- Defining roles in self-direction
 - Fiscal intermediary, Monitor, Supports Planner, Personal care worker
- What else is necessary for a person to know about managing their care?

Fiscal Intermediary

- Ability to pay bills, withhold taxes and other expenses, and cut checks in a timely manner.
- Interface with a web-based system that stores participant-directed services and pays accordingly.
- Interact with Supports Planner and Participant when necessary.

Quality Assurance

- Quality Unit within DHMH
 - Conducts Participant Satisfaction Surveys
 - Service Utilization Reviews
 - Measures health changes and services over time
 - Monitors, tracks, and investigates Reportable Events
- What should DHMH know about participant experiences?
- What is the best way to share this information?