



Maryland **Money Follows the Person**



Overview



- Federal demonstration created by the Deficit Reduction Act of 2005, offered through the Centers for Medicare and Medicaid Services
- 5 year demonstration designed to:
 - Assist states in rebalancing long-term care systems
 - Increase the use of Home- and Community-Based Services (HCBS)
 - Remove barriers to receiving services in the community
- Maryland is one of 31 states participating in the demonstration
- Newly proposed legislation could extend the demonstration through 2016

Federal Requirements



- To access MFP funds, states must transition individuals receiving Medicaid services in “qualified institutions” to “qualified residences”
 - Individual must have lived for 6 months in institution
 - Individual must have 1 prior month of Medicaid eligibility
- The State receives enhanced federal matching funds for HCBS provided to demonstration participants for 365 days
 - The enhanced match generates “**savings**”
- States are required to spend savings on MFP rebalancing initiatives

Maryland's Transition Goals



<u>Population</u>	<u>Actual Transitions</u> (as of October 2009)	<u>Transition Goals</u>
• Older Adults	137	450
• Physical Disabilities	157	494
• Developmental Disabilities	117	250
• Other Disabilities (Brain Injury, Mental Illness)	5	27
Total Transitions		1221

NF = Nursing Facility; SRC = State Residential Center; IMD = Institution for Mental Disease; Chronics = Chronic Hospital

Rebalancing Initiatives



- Increase outreach to institutional residents
 - Peer Outreach Contracts
 - Program Education
 - Application Assistance
- Improve the transition process
 - Enhance Transitional Case Management
 - Housing Assistance
- Enhance existing community-based services
 - Peer Mentoring
 - New Waiver Services
 - Better Systems

Outreach and Education



New peer outreach to nursing facility residents

- Peers provide information about the basic option to receive services in the community
- Peers refer individuals expressing interest in additional information to the AAAs for program education

- Program Education

- AAA staff provide detailed information about Medicaid home and community-based services and other community resources
- Includes information about the application process, eligibility, services, and providers as well as the opportunities and challenges of community living

- Partnership with the Maryland Access Point (MAP) long-term care resource website;

Improving Transitions



Enhanced Assistance for nursing facility residents

- Application Assistance

- AAAs provide assistance in completing applications for the Older Adults, Living at Home, and Medical Day Care waivers
- Includes assistance in gathering supporting documentation

- Enhanced Transitional Case Management

- Housing Assistance: Direct support to identify and apply for community-based housing opportunities
 - Offering training in developing housing expertise
- Administration of waiver transition and MFP flexible funds
- Person –Centered Planning training offered to case managers

Community Integration



- Peer Mentoring Services
 - Designed to enhance community integration, aid in the development of community roles, and teach independent living skills
 - Available to MFP participants for one year after transition
 - Provided by the Centers for Independent Living
 - Transition candidates are referred for peer mentoring by the transitional case managers via the tracking systems

Enhanced Services



- New services added to waiver programs
 - Living at Home Waiver
 - Home delivered meals, dietician and nutritionist services, and environmental assessments
 - Older Adults Waiver
 - Transition funds up to \$3,000 for setting up a community residence
- Up to \$700 in flexible funds for MFP participants
 - Transition expenses not normally allowed under Medicaid rules
 - Initial supply of groceries
 - Non-medical transportation

Enhanced Systems



- MFP Behavioral Health Workgroup
 - Developing new services to better support individuals with dementia, mental illness, substance abuse, and brain injury who may access the waivers
- Aging and Disability Resource Centers
 - Creates single point of entry for consumers
 - Improves coordination and quality of resources
 - Potential to streamline eligibility
 - Coordinates multiple State and Federal efforts
 - Provides framework to sustain MFP efforts of outreach, education, and improved access to services

Questions?



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