

Table 5:

American Dental Association
 American Academy of Pediatric Dentistry
 American Academy of Pediatrics

Dietary Fluoride Supplementation Schedule

The following table is a recommended fluoride supplementation schedule.

Age	Concentration of Fluoride (F _I) in Water in Parts per Million (ppm)		
	<0.3 ppm F _I	0.3-0.6 ppm F _I	>0.6 ppm F _I
Birth - 6 mos.	0	0	0
6 mos. - 3 yrs.	0.25 mg	0	0
3 yrs. - 6 yrs.	0.50 mg	0.25 mg	0
6 yrs. - up to at least 16 yrs.	1.00 mg	0.50 mg	0

Table 6:

Tooth Eruption Chart